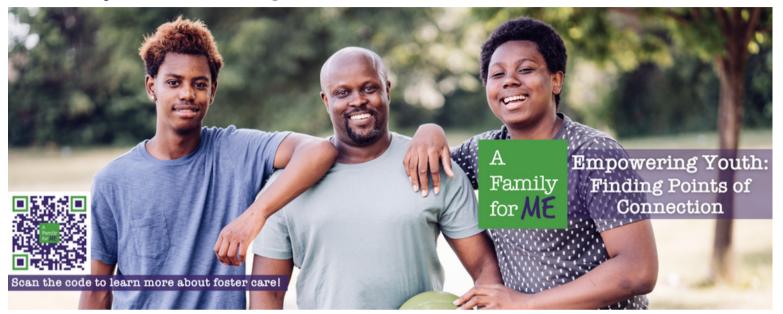
A Family for ME

ME EMPOWERING YOUTH: •• FINDING POINTS OF CONNECTION

• AFamilyForMEMaine.org •

October '23-December'23 QUARTERLY NEWSLETTER



Join in Raising Awareness for National Adoption Month

When youth are connected to their roots, they can build a strong identity. But for more than 114,000 teens in foster care, it's difficult to experience these connections when they are separated from their families.

This year during National Adoption Month, the Children's Bureau within the U.S. Department of Health and Human Services urges us to focus on the importance of "Empowering Youth: Finding Points of Connection." This theme emphasizes the importance of providing opportunities and services that connect youth to their backgrounds to support meaningful permanent relationships.

Together we can make a difference in how we support and partner with youth in planning their future, by making identity a part of the conversation from the very beginning.

Visit <u>childwelfare.gov/adoptionmonth</u> to learn more and to find tools and resources to educate yourself and your community about how we can achieve better outcomes for youth in foster care. Connect your followers and friends to the National Adoption Month campaign by using the hashtag #NationalAdoptionMonth on social media. Follow Child Welfare Information Gateway and the Children's Bureau for easy-to-share National Adoption Month posts.

X (Formerly Twitter): @ChildWelfareGov LINKEDIN: @Child-Welfare-Information-Gateway FACEBOOK: @ChildWelfare and @TheChildrensBureau



Maine Heart Gallery Spotlight

Brian, D.O.B. 2008 Brian likes sports, and soccer is his favorite. He likes riding his bike, fishing, and being outdoors.

To see more children from the Maine Heart Gallery, please visit <u>afamilyformemaine.org/heart-gallery</u>

A Family for ME Fleece Give-Away

Did you hear about fostering from a licensed foster family? Or are you a licensed family who has referred someone to us? Let our recruiters know! Once they confirm the referral, you'll both receive an AFfME fleece pullover (pictured here on our Recruitment Supervisor Jaynelle).



Maine needs more resource parents to help support families!

Join us to learn more about foster care, respite care, and adoption - Register <u>HERE</u> or on the Events page at <u>afamilyforme.org</u>.



Foster Friends

Do you have experience you can use to help a foster family in need? Foster Friends is a Mainebased database of families who have skills or resources that foster families across the state may need. Examples include, but are not limited to:

- Cooking a meal or mowing a lawn for a neighbor
- Speaking a non-English language or having lived abroad
- Being an ear for a foster parent in need
- Experience with neurodivergent kids or family members
- Helping problem-solve a child's or family's needs
- LGBTQ+ or multi-cultural lived experience
- A few extra hours to sit with a child in the hospital
- Anything else you can imagine!

To learn more about the needs in your area and to help when you are able to, sign up here: <u>https://forms.gle/32tFoqVMTddzMw9aA</u> No obligation and pressure-free. SIGN UP TODAY!

A Family for ME Recruiters:

Amy Bergeron- Districts 6 & 8 (Northern ME) 207-572-0950, <u>abergeron@spurwink.org</u>

Kasey McDonough- District 5 (Central ME) 207-699-9408, <u>kmcdonough@spurwink.org</u>

Christine Brown- District 3 (Central ME) 207-274-0745, <u>cbrown@spurwink.org</u>

Patricia Tate- District 4 & 7 (Eastern ME) 207-810-6010, <u>ptate@spurwink.org</u>

Stephanie Eklund- District 1 & 2 (Southern ME) 207-400-9146, <u>seklund@spurwink.org</u>